Frozen Head State Park Ranger-led Programs September 2013

For more information please contact Michael Hodge at (423) 346-3318 or Michael.E.Hodge@TN.gov

Friday, September 6, 12:00 PM. History Hike on Interpretive Loop. Join Ranger Burnham at the Shelter C Parking to take a short hike into local CCC history. Please dress comfortably for hiking and bring your own water.

Sunday, September 8, 12:00 PM. **Good Ole Rocky Top!** Meet Ranger Burnham at the large playground foot bridge to learn a little about local geology and rock identification. The program will take place near the creek, so dress for the possibility of getting a little wet and muddy.

Tuesday September 10, 10:00 AM. **Waterfall Hike**. Meet at the turnaround: Join Ranger Scarlett for an easy hike to see some of Frozen Head's waterfalls. This is a 2 mile round trip hike, please wear sturdy shoes and bring water.

Thursday, September 12, 9:00 AM **Bird Walk**. Join Ranger Hodge on a short walk to see how many of our feathered friends we can find and identify.

Thursday, September 12, 2:00 PM **Bugs!** Join Ranger Hodge at the Visitor Center to explore the amazing world of bugs that live at the park.

Saturday, September 14, 7:00 PM. **Night Hike**. Meet Ranger Burnham at the park Amphitheater to learn about park residents, listen for owls, and share campfire stories. Plan for cool weather, night conditions, and consider using some insect spray for your comfort.

Sunday September 15, 12:30 PM. **Snakes!** Meet at the Visitor's Center: Ever wondered what kind of snake you just saw? Join Ranger Scarlett at the visitor's center to learn about the different species of snakes in this area and learn the difference between the venomous and non-venomous snakes.

Thursday September 19, 11:00 AM. **Tree ID**. Meet at Shelter C: Have you ever wondered what kind of tree you're looking at? Join Ranger Scarlett on an easy hike to identify some of the many trees here at Frozen Head.

Thursday, September 19, 5:00 PM. **DeBord Falls Hike**. Join Ranger Hodge for a 1 mile round trip hike to DeBord Falls. Along the way, we'll talk about the park's history and nature.

Thursday, September 19, 8:30 PM. **Night Sky**. Join Ranger Hodge under the stars to learn how to identify the constellations and have a look through the park's 12 inch telescope. We will discuss the importance of dark skies and how we can protect them.

Friday, September 20, 5:00 PM **Naturalist Loop Hike**. Join Ranger-Naturalist Hodge for a ½ mile hike around the Interpretive Loop to learn about life in the forest of the park.

Friday, September 20, 8:30 PM. **Night Sky**. Join Ranger Hodge under the stars to learn how to identify the constellations and have a look through the park's 12 inch telescope. We will discuss the importance of dark skies and how we can protect them.

Sunday, September 22, 10:00 AM. Mock Archeological Dig. Join Ranger Burnham at the Rocky Fork volleyball courts to try your hand at excavating some real animal bones. Those items unearthed will be discussed in detail. Plan to get a little sandy and dress comfortably.

Saturday, September 21, 9:00 AM. **Volunteer Trail Day**. Meet park rangers at the park Visitor Center to begin a day of trail maintenance. The work site has yet to be determined for the day, but please pack your own water/snacks and prepare to do some long hiking. Dress comfortably.

Tuesday September 24, 10:30 AM. **Slippery, Slimy, Salamanders!** Meet at the Visitor's Center: Join Ranger Scarlett on a hunt for some slippery, slimy, salamanders and learn about why they are important in the ecosystem. Meet at the visitor's center.

Saturday, September 28, 9:00 AM. **Public Lands Day**. Join park rangers this Public Lands Day to give back to your local parks by aiding in trail maintenance responsibilities. Please dress comfortably for hiking and trail maintenance work, and plan to bring your own water/snacks. Visitors will meet at the park Visitor Center and carpool from there to the worksite.

Sunday, September 29, 9:00 AM. **Bird Walk**. Join Ranger Hodge on a short walk to see how many of our feathered friends we can find and identify.

Sunday, September 29, 2:00 PM. Why is it Called Frozen Head? Wondering how Frozen Head got its name? Come by the visitor center for a slide show discussion about the park's natural wonders, history, and how it got its unique name.